



'OPIO NEWSLETTER

Hawaii State Student Council / October 2022

CARVING THE WAY TOWARDS THE FUTURE

PUMPKINS: THE MOST RESILIENT FRUIT

Pumpkins are always associated with Halloween, October, and Fall! Not only are they a holiday favorite and fun decorating activity, but pumpkins are symbols of prosperity, growth, and abundance. The pumpkin can thrive even in unfavorable conditions and uses it's resources to it's advantage.

This school year is an opportunity to thrive after several years of "unfavorable conditions" and like a pumpkin, let's make it a goal to prosper and have an abundance of passion, dedication, and positive change. Make the most of this October month and carve a way to a bright future!

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October 1, 2022

- 9:00 AM Call to Order and Welcome | Chairperson Wallace Pamo
- 9:05 AM - 10:10 AM BOE Discussion | BOE Student Member Maverick Yasuda
- 10:10 AM - 10:20 AM Break
- 10:20 AM - 10:30 AM Energizer | Vice Chairperson Mele Kāneali'i
- 10:30 AM - 11:20 AM Group Dynamics | Vice Chairperson Mele Kāneali'i
- 11:20 AM - 11:30 AM Communications | Zach Espino
- 11:30 AM - 11:40 AM 'Opio | Historian Sophia Burgess
- 11:40 PM - 12:10 PM Lunch
- 12:10 PM - 12:40 PM Unity Day Discussion | Mrs. Tiffany Frias
- 12:40 PM - 1:10 PM Secondary Student Conference Overview | Ms. Danielle Castro
- 1:10 PM - 1:40 PM Secondary Student Conference Logo Design Pitch
- 1:40 PM - 2:00 PM BOE Student Rep Report | BOE Student Member Maverick Yasuda
- 2:00 PM - 2:30 PM Networking Opportunity
- 2:30 PM - 3:00 PM District Breakouts | BOE Student Member Maverick Yasuda
- 3:00 PM - 3:15 PM District Sharing | BOE Student Member Maverick Yasuda
- 3:15 PM - 3:30 PM Updates, Reminders, and Opportunities | Mrs. Tiffany Frias
- 3:30 PM - 3:45 PM Christmas Activity Breakdown | Chairperson Wallace Pamo
- 3:45 PM - 4:30 PM Questions & Answers | All Executive Officers
- 4:30 PM Adjournment | Chairperson Wallace Pamo

EXECUTIVE BOARD INTRODUCTIONS



Meet the 2022-2023 School Year Executive Board!



Wallace Pamo, Chairperson

My name Wallace Pamo, a senior at Pāhoa High School on the Big Island. A few hobbies that I enjoy doing include: playing sports. My favorite sport would be Basketball. Fun fact about me, I am an outdoor person, so I like going out, working on trucks/cars, going to the beach, and more. Lastly something that HSSC member should know about me is that I am not scary and fun.



Mele Kāneali'i, Vice Chairperson

Hey everyone! My name is Mele Kāneali'i, and I'm a senior at Molokai High School, home of the Farmers! I strive to uplift student voices through my extracurricular involvements: Student Body Government, the School Community Council, the Equity Club, and the Journalism Club. In my free time, I enjoy running, hiking, studying personality theory, creating Spotify playlists, and playing the Sims 3! One fun fact about me is that I am fluent in Hawaiian, or 'ōlelo Hawai'i, and have spoken the language fluently since I was three years old. I believe that being an advocate doesn't mean having the loudest voice but simply showing up and using your voice.



Bransen Hatakenaka, Secretary

Hello! My name is Bransen Hatakenaka, and I am a current junior at Hilo High School on the Big Island. When I'm not working on my role as HSSC Secretary, I dedicate the majority of my time towards my academics, my position as Student Association 1st Vice President, and community service projects with my AVID class. But when I have free time, I enjoy reading, drawing, watching documentaries, and occasionally playing video games. A neat fact about me is that I was originally born in Hillsboro, Oregon, and lived there until I was seven! Lastly, you should know that I LOVE learning and am naturally curious. In particular, I am a huge nerd when it comes to astronomy and space exploration, which has been my passion ever since the 8th grade. In fact, I hope to eventually leverage my experience from HSSC and other positions to eventually secure a leadership position at an aerospace company or flagship missions with NASA.



Sophia Burgess, Historian

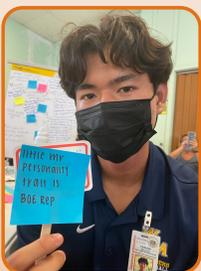
Hi everyone! My name is Sophia Burgess and I am a senior at Konawaena High School on the Big Island. I enjoy participating in Student Council, Student Government, Jiu-jitsu, Karate, & Waterpolo. In my free time I like to go to the beach, swim, and surf! An interesting fact about me is that I have been playing the piano since I was 6 years old.

Something that HSSC members should know about me is that I like to talk to new people! I hope that throughout all these meetings and events we are able to get to know each other and create fun memories.



Misty Cruden, Sergeant-at-Arms

Aloha everyone! My name is Misty Cruden, a current senior at Waiākea High School on the Big Island of Hawai'i. Some of my hobbies and passions include dancing, reading, eating, and online shopping. I have been dancing with Island Dance Academy since I was 4 years old and this marks my last year. At school, I am mostly involved with student government and help out with events and serve as a chair for many activities. A fun fact about myself is that I can play 4 instruments and can pick up new instruments fairly quickly. Something that HSSC members should know about me is that I am very friendly once you get to know me and would love to talk to you and get to know you. I can't wait to work with each and every one of you this school year.



Maverick Yasuda, BOE Student member

Hi! My name is Maverick Yasuda a senior at Waipahu High School on Oahu. Some of my hobbies include debate, weightlifting, watching hood shows/movies, and indulging in delicious food. I enjoy contributing my time to numerous clubs and organizations like student government, Waipahu High Schools Academy of Natural Resources, National FFA Organization, Ivy League Club, Girl Up Club, Leo Club, Waipahu's boys basketball and volleyball teams, National Honor Society, National Technical Honor Society, Spanish Honor Society, and Phi Theta Kappa Collegiate Honor Society. A fun fact about me is that I usually sleep at 9:00 pm HSSC members should know that I'm the type of person to enjoy every moment and put my best foot forward in everything I pursue.

HALLOWEEN PLANS & SAFETY TIPS

Students share their Halloween plans and safety tips!



Destyn Ah Yee-Dudoit



Always check your goodies, and watch your surroundings!

Artun Redoble



My Halloween plans are to cruise with friends in our costumes to relive our childhood memories. Some tips I have to stay safe this Halloween is to be cautious of my surroundings when walking around and to make sure to be visible when walking around by carrying a flashlight. :)

Stay with a group of friends/people you know and stay in an area you are familiar with! My Halloween plans include going for a good dinner and a cozy night in, filled with fun activities with friends, and maybe a horror movie here and there!



Marissa Matsushige

Kapolei High School plans to allow students to dress up for Halloween. Also, we will have a lunch activity, but the plans for that are still being decided. For my personal Halloween plans, I plan to have dinner with my neighbors as we do, every year and pass out candy outside my house.



Jake Ishikawa

I may or may not go trick-or-treating, I have not yet decided if I will go. Tips to stay safe during Halloween are to wear reflective colors if trick-or-treating at night time to make yourself visible to cars. Additionally, it is always safe to check the candy you receive to avoid ingesting something harmful.

My Halloween plans are to hang out with both my friends and family, going to trick or treat with my little siblings. Some tips I have to stay safe for Halloween include bringing reflective gear, ensure that you are aware of your surroundings at all times, and to bring a flashlight for when it gets dark. I would also advise to bring a trusted adult and/or go with a group of people you trust!



Elden Badua

For our student body, the Moloka'i High Student Council is having a Halloween parade, hosting a costume contest, and planning a scary movie night in our gym! :D Our movie night is also a fundraising opportunity for class councils and clubs, who have the option to run concession stands!



Mele Kāneali'i

My plan is to pass out candy to the little kids & our grade is planning on having a movie night fundraiser. we're also planning on passing out lights and glow sticks for the kids to walk around for safety!



Lauren Pao

HALLOWEEN PLANS & SAFETY TIPS

Students share their Halloween plans and safety tips!



Personally, I don't have much planned for Halloween, as boring as that may sound. Most likely, I'll be celebrating the event through the festivities that our student council at Kapa'a High School puts on every year around that time and on the actual day itself, spend the night with a dedicated group of friends. On the side of tips for staying safe during Halloween, having something such as a flashlight to make yourself visible, especially in areas where people may be driving home late at night, when you go out during the night is one of the biggest I could give. Moreover, avoid going alone, and bring a small group of friends or family with you. Not only could it make the journey more exciting, but it also increases your level of safety in numerous ways.

Martian Binonwangan Jr



For my school's Halloween plans, we have decided to do something called "Halloween week" where it's filled with fun games, activities and dress ups. As of right now, we have a "haunted hallway" (we decorate one of the smaller hallways on campus and as people walk through the hallway, we hide under a table and grab their feet) and the costume contest (most original, most creative, most funny, etc.). It starts from Wednesday the 26th and ends on October 31st, the day of Halloween. My tips to stay safe during Halloween are when trick-or-treating, always be in a group of 3 or more. Always have some source of light, just in case and always let your friends or family know where you are going before leaving them.

Kristine Domingo-Peregrino

FOR TRICK-OR-TREATERS

- Children should be accompanied by adults while out on the streets
- Wear reflective accessories, bags, or even glow sticks so that cars can see you!
- Wait until you get home so you can check your candies to avoid allergies
- Stay off of electronic devices while crossing roads

FOR DRIVERS

- Don't text and drive!
- Watch for pedestrians and children on the sidewalks, crosswalks and roads
- Drive carefully in poorly lit areas
- Enter and exit driveways and alleys cautiously

For more information, check out [nsc.org](https://www.nsc.org)!

NATIONAL PRINCIPALS MONTH



Thank you principals for all that you do!



Keoni Wilhelm

"Keoni Wilhelm is the principal at Henry Perrine Baldwin High School. I like the fact that Mr. Wilhelm cares about the students' opinions on campus. He works with his student council in making things better in school."

Destyn Ah Yee-Dudoit



Jon Henry Lee

"The principal at James Campbell High school is Principal Lee! Mr. Lee has always been a big supporter and pushes for student participation and spirit in all aspects. I appreciate that he is always there to speak with students and is always encouraging!"

Elden Badua



Sharon Beck

"My principal's name is Sharon Beck. The school is Ka'u high school. One thing I appreciate of my principal is that she is very caring and she really tries to do everything she can for us students so that we can have a better education."

Collin Hanshew



Wes Shinkawa

"I appreciate Mr. Shinkawa very much. He is usually walking around in the mornings, before school and saying "hello" to students on campus. Mr. Shinkawa is very supportive in our efforts as a student government, and provides input and revisions to ideas when needed."

Jake Ishikawa

NATIONAL PRINCIPALS MONTH



Thank you principals for all that you do!



Donna Lindsey

"This is Dr. Donna Lindsey, of Kahuku High & Intermediate. I truly appreciate the concern that she has towards all of us students & all the hard work that she is constantly doing to better our school & community."

Lawren Pao



Kelcy Koga

"Our principal at Waiakea High School on the Big Island is Mr. Koga. What I appreciate most about him is that he is very supportive of the student government association. It is so important that a principal is supportive of student activities, and I cannot stress that enough. I am so fortunate that Mr. Koga is beyond supportive of all student-led activities on campus."

Andrew Paresa



Jasmine Urasaki

"Something that I appreciate about Ms. Urasaki is her willingness to listen to and support students by allowing our student council to run all of our activities and listen to suggestions from the student populace."

Bransen Hatakenaka



Tommy John Cox

"From a students perspective, there are many things that I appreciate about Mr. Cox. One of the biggest things that I appreciate about him is his personality, something which defines him as a principal. Whether it be during or after school, Mr. Cox spends his time getting to know his students, building a personal relationship with many of them and overall, just finding a way to personally connect with them. His level of personality paired with his overall extroverted nature and open attitude towards his students and other teachers shows that he really cares about being connected with the school and every member that is a part of it, something which I really appreciate about him. Overall, I really appreciate Mr. Cox's persistence, openness, and willingness to build a personal connection with everyone at this school, something which in many ways, makes him stand out as an outstanding and absolutely amazing principal."

Martian Binonwangan Jr

UNITY DAY IS WEDNESDAY, OCTOBER 19, 2022

The celebration of National Unity Day started in 2011. An event created by PACER's National Bullying Prevention Center, to come together in one massive ORANGE message of hope and support. Students from around the world are encouraged to wear orange to show unity for kindness, acceptance, and inclusion and to send a visible message that no child should ever experience bullying. Unity Day is about bringing people from all walks of life together. To celebrate one's own unique talents, personalities, backgrounds and more. How will you contribute to this years Unity Day?

BE KIND

Find Someone Who Challenge

Find someone who matches each description. Write their name in the box. You can only fill in a person's name once.

First to blackout wins!

Someone who is a morning person	Someone who is a night person	Someone who hates spiders	Someone who is traveling for Fall Break	Someone who is an only child
Someone who can play an instrument	Someone who loves pranks	Someone who loves reading	Someone who likes pineapple on pizza	Someone who was born in June or July
Someone who plays a sport	Someone who has gone to a concert	Someone who likes sushi	Someone who can skateboard	Someone who doesn't have any pets
Someone who is dressing up in a group for Halloween	Someone who sings in the shower	Someone who got less than 4 hours of sleep last night	Someone who can legally drive	Someone who has never seen snow
Someone who shops online	Someone who is wearing the same color as you	Someone who has the same favorite school subject as you	Someone who was born in the same month as you	Someone who has a sister

Upcoming Events
December 3, 2022 - Next
HSSC Meeting Date

Opportunities
United States Senate Youth
Program (USSYP) - Deadline
October 7, 2022

